

## Good Morning



2

### INSOMNIA

Ever wonder where LA's screenwriters linger all day? Insomnia of course – with awakening coffee, made-to-order sandwiches and salads that help generate those creative thoughts, you'll be sure to see one or two writers and their best friends – their laptop!

7286 Beverly Blvd., Los Angeles 323.931.4943 - \$

### SUSINA CAFÉ & BAKERY

Noted as one of the best bakeries in Los Angeles, Susina has gained notoriety among Angelenos as having fine European and American pastries and hand-crafted soups, salads and sandwiches. An excellent stop for a mid-day snack and relaxing conversation.

7122 Beverly Blvd., Los Angeles 323.934.7900 - \$

### ELIXIR

Retreat from the fast paced city and congested traffic to LA's hottest Zen teahouse, Elixir. Enjoy exotic herbal teas on the outdoor patio and if you've really had a rough day at work or shopping, slip into one of the chair massagers in the back courtyard. Keep a close eye out for celebrities like Nicole Kidman who are looking to stay low key. 8612 Melrose Ave., West Hollywood 310.657.9300 - \$

### MARIPOSA

Before the shopping at Beverly Hill's Neiman Marcus wears you out, stop by Mariposa café on the store's ground floor for a rejuvenating latte or delectable chocolate truffles. It's the perfect boost before another round of spending. 9700 Wilshire Blvd., Beverly Hills 310.975.4350 - \$

### SWEET LADY JANE

The perfect Melrose location for an afternoon snack or to satisfy your sweet tooth. Desserts are beautiful enough to be considered works of art and delicious enough that you'll request two of each. Owner Jane Lockhart has built a reputation on using fresh ingredients and even creating beautiful wedding cakes for J. Lo, Pete Sampras and Bruce Springsteen. 8360 Melrose Ave., Los Angeles 323.653.7145 - \$

### SPRINKLES CUPCAKES

Sprinkle's, located in the heart of Beverly Hills, is dedicated to making an eclectic selection of only cupcakes – red velvet, chai latte, peanut butter and pumpkin are only some of the 20 different flavors to chose from. 9635 Little Santa Monica Blvd., Beverly Hills 310.274.8765 - \$

### BOULE

Pastry Chef Michelle Myers has raised the bar for “beautiful and delicate” desserts. Champagne-chocolate truffles, pain au chocolat and fleur de sel caramels are only the beginning of the tasty treats you have to choose from. Order a cup of gelato to eat at one of the outdoor tables and pick some of your favorite pastries to go in the Tiffany-inspired blue boxes. 420 N. La Cienega Blvd., Los Angeles 310.289.9977 - \$\$

### SWINGERS

Rock stars, party hoppers and nightlife hipsters crowd this retro diner, complete with waitresses in fishnet stockings. Order the tuna melt or grilled cheese stuffed with avocado and a milkshake or fruit juice to wash down last night's hangover. 8020 Beverly Blvd., Los Angeles 323.653.5858 - \$

### TOAST

If you don't mind the wait or having to hunting down a waitress for a fork, then you'll fit right in at Toast, where the scene is packed for brunch on the weekends. The food is delicious; especially the omelets and sandwiches but desserts are a must. 8221 W. Third Street, Los Angeles 323.655.5018 - \$

### THE GRIDDLE CAFE

