



The Great Outdoors

Locals love this area for its abundance of natural beauty and ample recreational opportunities. Whether you have a passion for sailing on the estuary, paddling in Lake Merritt, hiking and biking through the Oakland Hills or teeing off on the green, you'll enjoy being outside year-round on the sunny side of the San Francisco Bay.

BAY AREA RIDGE TRAIL

This 400-mile trail—parts of which are still under construction—loops through all nine Bay Area counties, connecting parks and preserved open spaces and offering hiking, riding, and biking. The 31-mile ridgeline segment connects eight regional parks and offers panoramic views of the San Francisco Bay. Entrances throughout the Bay Area. 415.561.2595 • ridgetrail.org

EAST BAY REGIONAL PARKS

From sunlit shores to shade-covered hillsides, the East Bay Regional Park District spans more than 97,000 acres in Alameda and Contra Costa Counties, and offers experiences as diverse as the land itself. Hiking, swimming, kayaking, picnicking—whatever your pleasure—you can find it on one of the many state parks in the East Bay. We recommend Tilden Park in Berkeley if you only have time to visit one. Visit the website for the complete list of parks, locations and activities available. • ebparks.org

JACK LONDON AQUATIC CENTER

Rowing, kayaking, and sailing classes and trips for children and adults. 115 Embarcadero, 510.208.6066 • jlac.org

TEMESCAL REGIONAL RECREATION AREA AND PARK

Located next to the junction of highways 24 and 13 in Oakland, Temescal is a convenient urban oasis, popular for swimming, fishing, sunbathing, and picnicking. • ebparks.org/parks/temescal

TILDEN PARK GOLF COURSE

Tilden Park Golf Course offers golfers an experience you won't find anywhere else in the Bay Area. Located in the scenic Berkeley Hills, just minutes away from the UC Berkeley campus, this William Park Bell Jr. design features a challenging 18-hole, par 70 course. 10 Golf Course Drive, 510.848.7373 • tildenparkgc.americangolf.com

Notes

Let us know your off-the-beaten path recommendations so we may share them with other Joie de Vivre Hotels guests! Please return your suggestions to the front desk staff.
